



Supportive Parenting for Anxious Childhood Emotions (SPACE) Treatment Group

Please join us for a virtual six-week, 12 session parent-based treatment group for child and adolescent anxiety and OCD

Tuesday/Thursday from 5:00-6:30 beginning April 27



Parents/caregivers will learn tools to help their child overcome anxiety or OCD by responding more supportively to their anxious child and to reduce the accommodations they have been making to the child's symptoms



SPACE has been found to be as efficacious as child-focused CBT for childhood anxiety



Practice strategies under the guidance of advanced clinicians



Anxiety problems treated with SPACE include: separation anxiety, social anxiety, generalized anxiety, fears and phobias, panic disorder, selective mutism, OCD

This seminar is not covered by insurance and costs \$50 per session, per family. Payment upon registration is required to maintain group consistency. If you are interested in attending this group, we will complete a full evaluation appointment with you to determine whether this is the recommended treatment for your child's anxiety/OCD. The evaluation appointment is a separate charge and may be covered by your insurance.

YOU CAN REGISTER FOR THE GROUP BY CALLING 734-368-9691

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