

# **OUTDOOR EDUCATION BRING ALONG LIST**

Please label everything with your child's name!

#### **BEDDING**

- □ Sleeping bag or sheets & blanket (Twin size)
- □ Pillow & pillowcase

# CLOTHING (Spring/Fall)

- □ Pajamas (2 pairs)
- □ Underclothing (2 per day)
- □ Socks (2 pairs per day)
- □ Shirts (long and short sleeved)
- Pants/jeans (3 pairs; dresses not recommended)
- Bathing suit for showering
- Sweatshirt/jacket
- □ Raincoat \*Needed for every season!

Please note: Do not bring umbrellas. If horse riding, no ponchos.

- Comfortable tennis shoes (2 pairs)
- □ Waterproof shoes/boots (1 pair)
- Shower shoes (1 pair)
- Plastic bag for dirty clothes

## **CLOTHING (Winter)**

Please Note: We are an Outdoor Environmental Education Center. Your child will be outside for extended periods of time except in cases of extreme/sub-zero weather. Please prepare your child with proper clothing for outdoor winter activities.

- □ Pajamas (2 pairs)
- □ Underclothing (2 per day)
- □ Socks (3 pairs per day)
- □ Shirts (long and short sleeved)
- □ Pants/jeans (3 pairs; dresses not recommended)
- Bathing suit for showering
- Raincoat \*Needed for every season!
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- Winter/Insulated Coat with a hood
- □ Snow pants (1 pair)
- □ Gloves/Mittens (non-cotton recommended)
- Scarf
- Winter hat
- □ Waterproof Insulated Boots (1 pair)
- □ Comfortable tennis shoes (1 pair)
- □ Shower shoes (1 pair)
- Plastic bag for dirty clothes

### TOILETRIES

- □ Bath towel & washcloth
- □ Comb and/or brush
- □ Deodorant (no aerosol spray cans)
- □ Lip Balm
- □ Soap/Shampoo
- □ Toothbrush & toothpaste

#### OTHER ITEMS

- Day backpack
- Reusable water bottle
- Flashlight
- Sunscreen lotion
- □ Insect repellent (no aerosol spray cans)
- □ Sunglasses and/or Hat

## **OPTIONAL ITEMS**

- Camera (disposable recommended)
- Reading book
- □ Stationary/writing paper, pen & stamps
- Stuffed animal

### **MEDICATIONS**

Medications MUST be turned in to school before departure to camp. Only emergency medications such as rescue inhalers, epinephrine injectors and diabetic supplies can be carried by students. All other medications must be stored at our Health Center. Teachers will return students' medication to parents/guardians at school pick up after the trip.

#### PLEASE DO NOT SEND THE FOLLOWING ITEMS

Video Games or Electronic Devices
iPads/iPods
Cell Phones
Blow dryers & curling irons
Chewing gum
Firearms or archery equipment
Matches or lighters
Fishing poles, hooks, etc.
Food (including pop & candy)
Hairspray, mousse, gels, etc.
Knives or other weapons
Money
Perfume/Cologne

# SUGGESTED ITEMS FOR CABIN LEADERS ONLY

- □ Alarm Clock (or cell phone)
- □ Watch (or cell phone)
- Extension Cord
- Travel Mug
- □ Book to read to children