

YMCA STORER CAMPS HEALTH SERVICES INFORMATION: FOR PARENTS and GUARDIANS

YMCA Storer Camps Health staff is certified in First Aid, CPR/AED and Blood Borne Pathogens. Health Staff follow medical protocols signed by a physician to manage illness and injury. *Please note: We do not have nurses, doctors or mental health specialists on staff.*

The scope of our Health Center staff includes administering student medications that meet state of Michigan and American Camp Association standards (see below), providing first aid and responding to emergencies. Our Health Center is open every day from 7:30am until 9:30pm and staff is on-call overnight in case of an emergency.

The following practices are outside the scope of our Health Center staff. If your student needs these services, please work with your school to determine an action plan for camp:

- Administering injections (growth hormones, glucagon, insulin, etc.) or rectal medications (Diazepam, etc.)
 - Exception: Our staff is trained to assist in the use of emergency epinephrine injectors.
- Providing one-on-one assistance for chronic physical or mental health concerns.
 - We expect students with chronic health concerns (asthma, diabetes, etc.) to be capable self-managers of their own treatment. Our health staff will partner with students to provide general oversight.

GUIDELINES FOR PACKING STUDENT MEDICATION

Student medications are considered any substance used to maintain or improve the health of an individual under the age of 18, including prescriptions, over-the counter, homeopathic remedies, vitamins and ointments.

- Please send student medications in a bag labelled with student's full name, as well as school.
- In the medication bag, please include a note listing your student's medications, dose and time given.
- Medications **MUST** be turned in to school before departure to camp, in order to be stored at our Health Center.
 - Exception: Rescue inhalers, epinephrine injectors and diabetic supplies are considered emergency medications. Please give these emergency medications directly to your student before their departure. Students are expected to carry their emergency medication on their person, at all times, while at camp.

For our Health Staff to administer to a minor, all medication **MUST meet the following standards:**

- Medications must arrive in their original containers.
 - If the prescription box has been thrown away, please send a copy of the prescription with the medication.
 - Pills and blister packs cannot be sent loose in a baggie or presorted into a pill organizer.
- Medications cannot be expired, per the container expiration date.
 - Please do not send current medication in old/expired containers.
- Medications will only be given in age-appropriate doses per the medication label or a signed physician's note.
 - Common medications with age restrictions include Melatonin, Vitamins, Tylenol, Ibuprofen, Allegra, Tums.
 - If the label does not have age-appropriate instructions, please include a signed doctor's note.

Please note: YMCA Storer Camps Health Center is stocked with medications used to manage illness and injury as directed by our medical protocols. Students do not need to bring a personal supply of Tylenol, Ibuprofen, Benadryl, Tums, Sudafed, Cough Drops, Hydrocortisone Cream or Antibiotic Ointment to camp.

Thank you for your help in preparing your student for camp.

If you have questions regarding Health Services or your student's needs, please call 517-536-8607.